

Ballylifford PS Sports Day Timetable June 2017

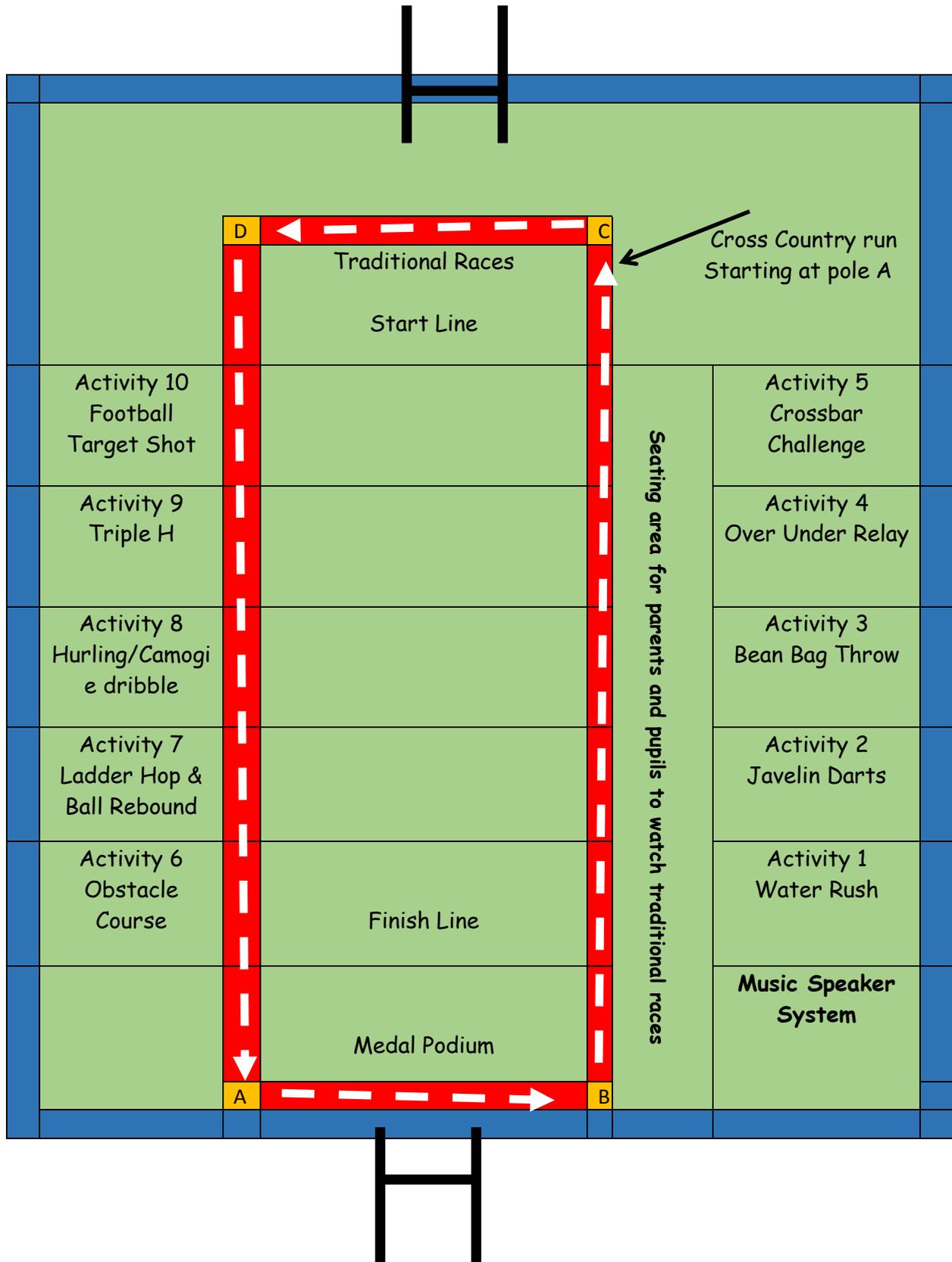
Time	Track & Field Events	
<p><u>Pupils arrive at Ballinderry GAC for 9:00am</u></p> <p>9:15am-10:30am</p>	<p><u>Traditional Races</u></p> <ol style="list-style-type: none"> 1. Sprint - P3-P7 (100m) - P1-P2 (60m) (Separate boys & girls) 2. Egg & Spoon Race (Mixed) 3. Sack race (Mixed) 4. Sprint Relay (Mixed) 5. Cross Country - P5-P7 (1200m) - P3-P4 (800m) (Mixed) 6. Parents Race (Mums and Dads remember to bring your trainers) 7. Washing Line Relay (Mixed) 8. Novelty wellie boot throw (Mixed) 	
10:30am-11:00am	BREAK TIME	
11:00am -11:15am	Teams Parade	
<p>11:15am-12:30pm</p> <p>9 Teams of 7 6 mins at each event</p>	<u>Team Events</u>	
	<ol style="list-style-type: none"> 1. Over Under Relay 2. Bean Bags Target Throw 3. Javelin Target Throw 4. Ladder hop & ball rebound 5. Obstacle Course 	<ol style="list-style-type: none"> 6. Football target shot 7. Hopper, Hopscotch, Hurling 8. Water Rush 9. Hurling/Camogie Dribble 10. Cross Bar Challenge
	Teams will wear coloured T-Shirts with county sticker.	Water break after Team event 5
12:30pm-1:00pm	LUNCH TIME	
1:00pm-1:45pm	<p><u>Awards Ceremony</u></p> <p>Medal & Certificate Presentation</p> <p><u>ALL Pupils to be collected at 1:45pm from Ballinderry GAC</u></p>	

Scoring system

- All teams are named after counties in Ireland
- Teams will rotate around the 10 activities together as a team, spending 6 minutes at each activity. (Music will played during the team events)
- A timing system will take place & a bell will signal the end of the 6 minutes.
- Teams must not move to the next event until the whistle is blown.
- A clipboard containing the team score card will be carried by the team captain to each activity. The adult responsible for each event will record the score.

At the end of the team events the points on each score card will be added up and the winning team will be announced.

Pitch Plan for Team Events



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Tuesday 13th June 2017

Dear Parents,

Ballylifford PS Sports Day will be held on Tuesday 20th June 2017 at Ballinderry Shamrocks GAA Club starting at **9:15am**. We would ask all pupils to arrive no earlier than **9:00am** to allow staff time to set up events.

Sports Day will finish at **1:45pm** and we ask for **ALL** pupils to be collected from the Ballinderry Shamrocks GAA Club at **1:45pm**

Pupils are asked to bring a bottle of water/juice and a snack to eat at break time. The canteen staff will provide a lunch on the day that the pupils can eat in the Ballinderry GAC Clubrooms. Parents are asked to notify the school if they request lunch by completing the form below along with payment. We would appreciate if all replies & money were returned by Friday 16th June.

We have attached a Sports Day timetable for the day and a list of the teams taking part in the Relay Races and Team Events. There are a number of teams with a similar colour of t-shirt and if you do not have the correct colour of a T-Shirt, a jersey or top don't worry, each pupil will receive a sticker of each county which they will put onto their t-shirts to avoid any confusion.

We will be having a practice of the events on Friday 16th June 2017, weather permitting. Children are allowed to wear P.E. gear preferably representing their team colours.

We would be very grateful if a number of parents could help with the supervision of the team events on Sports Day. If you are able to help out on the day, please contact the school office and we can allocate your name to a team event.

Thank you

Mr Ciaran McElroy
Principal

Sports Day: Name of Child/Children: _____ **will:**

- Have school dinner (£2.55 per pupil enclosed)
- Bring their own lunch

Parent's Signature: _____